

Hello Neighbour!

The Burlington Food Bank is asking everyone to help out our neighbours during this lockdown. Many of us are a bit stressed about going out right now and many need a little help with their monthly budget.

Did you know that the Burlington Food Bank HELPS people out by delivering food hampers. All it takes is a phone call or email.



We want you to know that we intend to **STAY OPEN** in order to continue to help our community as needed.
Don't struggle – give us a call.

If you are in need or know of someone who could use our help PLEASE have them email us at info@burlingtonfoodbank.ca or call 905-637-2273 to make arrangements to have food dropped at their door or make arrangements to pick it up through our curbside pickup option. If you live in Burlington, we are here to help.

Home deliveries are made each Weekday morning as well as Thursday nights as needed.

info@burlingtonfoodbank.ca

(905) 637-2273

www.burlingtonfoodbank.ca